

205 NORTH LIMESTONE STREET  
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**JAMES V. CAGGIANO, JR.**  
*FIRE CHIEF*

## **AGILITY TESTING**

All physical agility testing will be completed wearing the following minimum attire; t-shirt, long pants, and closed toed shoes or boots. In addition, the Gaffney Fire Department will provide a 50-lb weight vest, helmet, and work gloves to be worn during the test. No personal vest, helmet or gloves are permitted. This test is designed to test both your physical ability as well as your ability to follow directions. A walk through of the test will be performed explaining each stage of the test prior to the actual testing. If during the test, your evaluator must correct you more than TWO times, you are disqualified and the test stops. If at any time the candidate “QUITS” the test, you are then disqualified by self-elimination.

### **Stage 1: Ladders**

**The test starts as soon as the candidate touches the ladder.**

Remove the 24' 2 section extension ladder from the wall mount and place it on the ground without dropping it. Raise a second 24' ladder against the building and fully extend, retract, and then lower the ladder back to the ground safely. The candidate will then lift the first ladder and place it back in the wall mount.

### **Stage 2: Hose Pack**

The candidate will carry a 50' bundle of 2.5" hose on their shoulder to the 3<sup>rd</sup> floor of the drill tower, while stepping on each stair tread. The candidate will repeat this for a total of 3 times.

### **Stage 3: Push / Pull**

The candidate will step on to the push/pull simulator and perform the following sequence. Pull down on the push/pull device 5 times. Switch to the opposite end and push up on the push/pull device 5 times. Repeat for a total of 3 sequences.

### **Stage 4: Saw Carry**

The candidate will lift 1 saw at a time from the shelf and place it on the ground. The candidate will then lift both saws from the ground and carry at arm's length 60' and then return. The candidate will then place both saws on the ground and then place them 1 at a time back on the shelf.

**Stage 5: Hose Drag**

The candidate will pick up the 1.75" hose line and drag it 75' around an object then continue another 25' and stop. The candidate will then turn around and pull 50' of the hose hand over hand to them.

**Stage 6: Victim Drag**

Using the 185lb rescue dummy and the attached webbing the candidate will drag the victim 60' and return. The candidate is allowed to grab the dummy by the arms should they choose to do so.

This will complete the test!